



American Parents Coalition

July 8, 2026

Suzanne McCormick

President and Chief Executive Officer

Members of the Board of Directors

YMCA of the USA
101 N Wacker Drive
Chicago, IL 60606

Dear Ms. McCormick and Members of the Board:

On June 30, 2026, the Supreme Court confirmed in *West Virginia v. B.P.J.* and *Little v. Hecox* what has always been true under federal law. “Sex” in Title IX means biological sex. The Court held that laws limiting women’s and girls’ sports to biological females are reasonable and satisfy the Equal Protection Clause. That confirmation carries direct consequences for every institution that receives federal funding, including the YMCA.

While the Court’s ruling focused on sports, its reasoning extends further. By confirming that “sex” in Title IX, the Javits Amendment, and the implementing regulations “cannot plausibly be interpreted to refer to anything other than biological sex,” the Court rejected the argument that gender identity overrides sex-based distinctions in federally funded programs. Yet despite receiving millions of dollars in federal funding, the YMCA continues to maintain policies that allow males to access female bathrooms, locker rooms, sports teams, and overnight accommodations based on gender identity. In doing so, the YMCA policies place ideology ahead of the rights of women and girls and are fundamentally at odds with the text and purpose of Title IX as interpreted by the Court.

American Parents Coalition (APC) has spent more than a year [documenting](#) these policies, [alerting](#) parents, filing a formal Title IX complaint with [federal agencies](#), requesting Congressional [investigations](#), and urging the YMCA to restore longstanding protections for women and girls.

We know the YMCA has heard these concerns. On multiple occasions, shortly after APC publicly exposed these policies, the YMCA removed or changed the webpages containing them. But the policies themselves didn’t change. In fact, our most recent investigation found that some YMCA camps have expanded these practices to allow adult biological male counselors to sleep in girls’ cabins so long as those male counselors identify as girls.

The YMCA had every opportunity to correct course voluntarily. Instead, it has continued to disregard the legitimate concerns of parents and undermine long-established protections women and girls deserve.

Accordingly, we call on YMCA leadership to immediately take the following steps.

1. Rescind policies that permit males to participate in female sports or access female-only locker rooms, bathrooms, overnight accommodations, and other intimate spaces.
2. Publish updated policies that clearly recognize sex-based protections for women and girls.
3. Publicly confirm the YMCA's commitment to complying with Title IX and all applicable federal civil rights obligations.

Organizations receiving taxpayer dollars cannot selectively comply with federal civil rights law. The Supreme Court has now made clear that biological sex is the legally operative distinction under Title IX. The YMCA faces a choice. It can restore policies that protect women and girls, rebuild parents' trust, and align its practices with the law as interpreted by the highest court in the land, or it can continue down a path of mounting legal, financial, and reputational risk.

We urge you to choose the former.

Sincerely,

Alleigh Marré

Alleigh Marré
Executive Director
American Parents Coalition