[Insert address of state representative/senator]

[Insert date]

Dear [insert name of state representative/senator],

I am writing to urge you to introduce or support legislation making biological sex the determining factor for bathroom and locker room usage, as well as sports eligibility in schools. Allowing biological males to participate in girls’ sports and even use girls’ bathrooms and locker rooms is extremely dangerous and unfair.

First and foremost, these policies are a complete violation of privacy and put girls at risk of sexual assault. Instances of trans-identifying biological males assaulting girls in private spaces are [well documented](https://www.washingtonpost.com/education/2023/10/05/loudoun-sexual-assault-stone-bridge/). When children go to school, parents expect teachers and faculty to protect students from harm on school grounds. Access to locker rooms and bathrooms are no exception. Girls should not be forced to share vulnerable spaces where they shower, change clothes, and use the restroom with biological males.  Every girl should be afforded basic expectations of privacy and safety. Normalizing shared intimate spaces for minors, and shaming girls for feeling violated for being asked to do so, is simply not acceptable.

In sports, there are several problems with biological males competing with girls. Boys have an obvious physical, competitive advantage. According to the [National Institutes of Health (NIH) National Library of Medicine](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7930971/#B2-jfmk-06-00017), women typically possess only about 40-75% of the muscle mass that men do. These numbers are troubling when you consider that nearly 70% of biological men transitioning to women have not undergone [hormone treatments or surgeries](https://www.washingtonpost.com/dc-md-va/2023/03/23/takeaways-post-kff-survey/) and biological males who have taken testosterone suppression [only lose about 5%](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7846503/) of their strength after 12 months of treatment.

The clear advantages males have in strength, speed, and size are clear indicators as to why men and women’s sports should be separate. Policies endorsing biological men to compete and dominate girls’ sports causes girls to be cheated out of [championships, records, and scholarships](https://www.forbes.com/sites/donnalopiano/2024/01/17/listen-to-the-voices-of-female-athletes/?sh=14bf5d901d6e). The male competitive advantage also put girls at risk of injury. In February 2024, a 6-foot biological male in Massachusetts, playing in a women’s league, [injured](https://insidelowell.com/safety-concerns-spark-gender-controversy-following-game-involving-lowell-school/) several girls in a basketball game, causing the opposing team to forfeit at halftime to avoid more injuries. Sadly, there are countless additional examples.

The evidence is clear: policies allowing gender identity to trump biological sex in sports, locker rooms, and bathrooms is dangerous and unfair. As a parent, it is my job to do what is right for my kids, which is why I am asking that you do everything you can to pass legislation protecting my child from harm.

Sincerely,

[Sign name here]

[Print name here]